

Turkey Kale Wraps



INGREDIENTS

- $\frac{3}{4}$ cup kale leaves (washed, dried, and slightly steamed)
- $\frac{1}{3}$ Avocado
- 4 $\frac{1}{4}$ oz Sliced Turkey Breast (Applegate Deli)
- Sprouts (optional)
- Radishes sliced (optional)

PREP

Divide avocado between kale leaves and use a spoon to spread it across the leaves evenly. Place turkey on top and layer with sprouts or sliced radishes. Roll the leaves into a wrap and enjoy!

Notes: No Kale? Use any other lettuce. No Turkey? Use chicken. More flavor? Sprinkle with sea salt, pepper, or any spices you like.

